

GLRA's INSIDER



News

GLRA India & Apollo Tyre Foundation collaborates for Truckers Healthcare



On October 6, 2023, the Apollo Tyres Foundation and the German Leprosy Relief Association Rehabilitation Fund (GLRA RF) signed a Memorandum of Understanding (MoU) to deliver healthcare services to truckers. This collaborative effort, led by Ms Rinika Grover, Head of Sustainability & CSR at Apollo Tyres Foundation, and Mr Shibu George, Interim Chief Executive Officer at GLRA India, aims to support the vital logistics sector.

The healthcare services offered will include regular health check-ups, diagnosis and treatment of common illnesses, TB screening, and awareness campaigns on hygiene and sanitation practices. Apollo Tyres Foundation will provide resources and infrastructure, while GLRA will oversee the implementation of the project in six locations ie; Bangalore, Jaipur, Jodhpur, Mumbai, Pune, and Raipur.

This partnership leverages GLRA's decades of experience in healthcare for marginalized communities, promising positive impacts on the lives of truckers and their families.

Interpersonal Communication increases TB awareness, Gurugram, Haryana

TB is a serious health concern, and spreading awareness can help reduce its impact on the community. As part of the Project NAI DISHA (funded by DB Schenker India), an Interpersonal Communication activity is underway to raise awareness about tuberculosis (TB) in NRV logistics, Gurugram, Haryana. The aim of this intervention is to reach out to people and educate them on the importance of TB prevention and treatment. Through direct interactive communication, GLRA hopes to empower the communities, especially the truckers on TB and encourage them to join the END TB Campaign.



Slit Skin Smear (SSS) Training for Lab Technicians in the Fight Against Leprosy in Barwani District, Madhya Pradesh



In Barwani, Madhya Pradesh, in collaboration with the District Health Department, a recent training program gathered 25 government lab technicians for hands-on leprosy diagnosis training, supported by the GLRA India's Public-Private Mix Leprosy project. Detection of Mycobacterium Leprae through Slit Skin Smear (SSS) is the most efficient technique and is a reliable tool for leprosy detection and classification of leprosy. It enables not only early case detection but also facilitates timely treatment to prevent further transmission. Further, a follow-up skin smear test is a valid tool for monitoring treatment effectiveness through bacterial load reduction. Patients with high bacterial loads are more likely to transmit the disease, therefore SSS is also supported in prompting appropriate infection control measures. GLRA India along with state, district and partner NGOs is in the process of organizing such training sessions, recognizing its value in combating leprosy.

GLRA India Collaborates with Artemis Hospital for Ayushman Camp, Providing 3010 Vital Health Checkups in Pataudi, Gurugram

GLRA India and Artemis Hospital jointly participated in the Samvad Sahiya Ayushmanbhav special Campaign in Pataudi. Ms. Vandana Jain, Joint Secretary of the Ministry of Health and Family Welfare, inaugurated the event, emphasizing the benefits of Ayushman health checkups. The camp saw a massive turnout, with Ayushman card issuance being particularly popular. A total of 3010 people received health checkups. Notable attendees included Pataudi MLA, Shri Satyaprakash Jarawat, Dr Neeru Yadav, SMO- Sub Divisional Civil Hospital, Dr Anuj Garg, and Dr Neelima. The event ensured vital healthcare access for Pataudi residents.



Theme of the month 'World Mental Health'

The recent National Mental Health Survey says a large number of people in India are suffering some form of mental disorder. This high prevalence underscores the urgent need to address mental health issues.

People with mental health conditions often face social exclusion, discrimination in employment and education, and face difficulty in accessing appropriate mental healthcare. Stigma associated with mental health is to be addressed and the need of the hour to ensure the well-being of individuals and promote for an inclusive society.

Mental health is closely linked to physical health. Untreated mental health conditions can worsen physical health outcomes and increase the risk of chronic illnesses.

To promote mental well-being in the nation, it is imperative to raise awareness, enhance access to mental healthcare, and put in place efficient regulations and policies.

Article by - Dr. Debajit Sarkar,
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Awards/Appreciations



SPECIAL DAY

World Cerebral Palsy Day

The observances of World Cerebral Palsy Day hold great significance. This highlights the evolving landscape of support, awareness, and inclusion for individuals with cerebral palsy. Such global observance serves as a vital platform for assessing and addressing the unique challenges faced by those living with cerebral palsy. It also provides an opportunity to emphasize the progress made in healthcare, education, and societal attitudes, while also acknowledging the work that remains to be done. Such observance also encourages us to recognize their abilities and contributions, promoting a more compassionate, inclusive and equitable society.

Safeguarding: Nurturing a Safe Environment



Safeguarding is not just a requirement; it is a fundamental element of any humanitarian effort. It not only protects but empowers those who deserve it, fostering trust and confidence in all, and protecting them from abuse, poor practices, exploitation, and neglect. Safeguarding is delineated by a set of policies, procedures, and practices designed to prevent and address various forms of abuse and harm. It constitutes the primary responsibility of every employee, extending beyond mere obligation to a firm commitment to establishing a secure environment.

The recent Safeguarding Champion's Training, organized by DAHW, Germany at Kathmandu, placed a strong emphasis on the creation of a safe and respectful workplace ensuring the well-being of all, particularly children, young people, vulnerable adults and people with disabilities. The training encompassed safeguarding principles, practical implementation, strategies and ethical considerations. Participants gained insights into recognizing and responding to a wide array of potential harm, with a particular focus on the importance of reporting, transparency and their broader implications.

As an organization, GLRA's mission is to establish a safe and inclusive environment for everyone. The recent training has rekindled our commitment to this objective. Going forward, it will serve as a constant reminder of the important role safeguarding plays in our daily activities. This commitment supports our internal mechanisms for assisting those we work with, contributing to a positive change in their lives. Furthermore, it upholds ethical standards, fosters trust, and ensures the effectiveness and sustainability of work.

Basic Life Support & CPR Training at GLRA India Delhi

GLRA India and Max Hospital, Delhi jointly organized a training on "Basic Life Support & Cardio-Pulmonary Resuscitation" on 27th September 2023 at the GLRA India Delhi Office to promote health awareness and equip individuals with life-saving



skills. This initiative was organized on the occasion of World Heart Day 2023 with a focus on our commitment to community outreach and proactive health education. The sessions emphasised on;

- **Basic Life Support (BLS) and Cardio-Pulmonary Resuscitation (CPR)**, equipping attendees with crucial skills to respond effectively during emergencies.
- **Community Outreach** - to our ongoing efforts to extend healthcare expertise to various social causes, to reach a wider audience and make a lasting impact on public health
- **Broad Impact** aims to educate individuals by promoting health awareness creating a ripple effect of knowledge and empowering people to become first responders in emergencies.



Training of Trainers on Gender Equality by TISS, Sendhwa, Madhya Pradesh



In an effort to promote gender equality, the St. Augustine Social Service Society (GLRA partner NGO) recently hosted a Training of Trainers (TOT) in collaboration with the Tata Institute of Social Science, Mumbai. Dr. Manjula Bharathy, Professor, Centre for Urban Policy and Governance (TISS) facilitated the sessions on the distinction between sex and gender and addressed the pressing issue of gender-based violence. The training also delved into complex concepts like hegemony and counter-hegemony, societal power dynamics and the ways to address them. Practical exercises and group discussions fostered active participation and collaborative learning. The successful TOT equips the staff to promote gender equality and combat gender-based violence effectively within communities in Pati and Pansemal blocks in Barwani.

BEST PRACTICES

GLRA Joins Ni-kshay Mitra campaign in Madhya Pradesh & West Bengal

In India, the Pradhan Mantri Tuberculosis (TB) Mukht Bharat Abhiyan is a campaign to wipe out TB from the country. As part of the fight against TB as a public health problem, the Nikshay Mitra is a government project that helps people care for TB patient's needs.

GLRA team working on the project Axshya Plus in Madhya Pradesh and West Bengal has taken care of fifty-eight TB patients' nutrition needs. We applaud the team for their commitment to a TB Mukht Bharat mission. Our staff's contribution might be small, yet it makes a BIG difference in the patient's life.



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